

## LUNCH MENU

Please inquire about our private dining room for your next celebration.

### STARTERS & FLATBREADS

Ask about our gluten free options. We carry gluten free bread, pasta and preparation options for most dishes available to accommodate a gluten free diet. May require longer preparation time.

#### CRISPY FRIED CALAMARI | \$10

Tossed in sweet thai chili sauce & garnished with chopped cilantro

#### CARIBBEAN STYLE SHRIMP COCKTAIL | \$12

5 Jumbo shrimp poached in citrus broth served with mango cilantro cocktail sauce & garnished with crispy fried plantain chips

#### LETTUCE CUPS | \$12

Filled with grilled chicken tossed in hoisin glaze, topped with cashews and scallions

#### GROUPER NUGGETS | \$15

Crispy fried grouper served with caribbean aioli & tartar sauce

#### COAST CRAB CAKES | \$13

Cilantro lime aioli

#### PULLED PORK SLIDERS | \$9

Topped with spicy cabbage slaw

#### WINGS

6 FOR \$ 8 | 12 FOR \$14

Tossed in your choice of buffalo sauce, barbecue sauce or sweet thai chili sauce, served with celery, carrots & blue cheese

#### SOUP DU JOUR | CUP \$5 | BOWL \$7

#### MARGHERITA CLASICA | \$10

Vine ripened tomatoes, buffalo mozzarella, fresh basil & balsamic reduction

#### CHICKEN PESTO | \$11

Topped with feta, roasted peppers & arugula

#### TAMPA STEAK | \$14

White sauce topped with diced grilled steak, manchego & mozzarella cheeses, peppers, onions & cilantro drizzled with garlic saffron aioli

#### PEPPERONI FLATBREAD | \$11

Topped with marinara sauce, mozzarella cheese and pepperoni

## BUILD YOUR OWN SANDWICH \$11

#### PICK A PROTEIN

- Burger patty
- Blackened or grilled chicken breast
- Home-made veggie patty 

Served with lettuce, tomato, onion & pickle

#### PICK A SIDE

Included with all burgers & sandwiches:  
French fries | Chips | Side salad

#### PREMIUM SIDES | \$2 EACH

Truffle parmesan fries | Sweet potato fries  
Red quinoa | Brown rice pilaf | Fruit cup

#### TOPPINGS | \$1 EACH

Bacon | American cheese | Swiss cheese  
Cheddar cheese

#### PREMIUM TOPPINGS | \$2 EACH

Fried egg | Mango salsa | Fresh mozzarella  
Manchego cheese

## GREENS

#### ADD A PROTEIN TO ANY SALAD

Chicken \$3 | Shrimp \$5 | Beef \$5 | Mahi-Mahi \$6

#### COAST HOUSE SALAD | \$9

Chef's blend of seasonal greens, fresh apples, blue cheese, candied walnuts, dried cranberries & citrus vinaigrette

#### FLORIDA COBB SALAD | \$10

Kale tossed in cilantro lime vinaigrette topped with chopped bacon, cherry tomatoes, blue cheese and hard boiled egg

#### CLASSIC ICEBERG WEDGE | \$9

Red onions, cucumbers, smoked bacon, blue cheese crumbles & ranch dressing

#### SOUTHWEST CHICKEN | \$12

Field greens, roasted corn, avocado, roasted red peppers, shredded jack cheese, crispy corn tortilla strips & chipotle vinaigrette

#### CAESAR | \$9

Hearts of romaine, home-made croutons & parmesan

#### BLACKENED MAHI AND SPINACH SALAD | \$14

Tossed in ginger soy vinaigrette topped with blackened mahi, pickled red onions, grape tomatoes, apricots and shredded carrots

#### SIDE SALAD | \$5

Chef's blend of seasonal greens, home-made croutons, cucumbers, tomatoes & citrus vinaigrette

## SANDWICHES

#### CHOICE OF SIDE FOR ALL BURGERS AND SANDWICHES

French fries | Chips | Side salad

#### PREMIUM SIDES | \$2 EACH

Truffle parmesan fries | Sweet potato fries | Red quinoa  
Brown rice pilaf | Fruit cup

#### GROUPER SANDWICH | \$16

Choice of grilled, fried or blackened, topped with lettuce, tomato, red onion & tartar sauce

#### CHICKEN PANINI | \$12

Marinated grilled chicken served on ciabatta bread topped with pesto aioli, caramelized onion, sundried tomatoes, fresh mozzarella & baby arugula

#### BLACKENED MAHI TACOS | \$14

Cabbage, radishes, avocado, chipotle aioli, cilantro & fresh lime in white corn tortillas

Vegetarian option available with home-made veggie patty

#### GRILLED CHEESE | \$9

White American, cheddar & roasted tomato on sourdough  
Choice of bacon, ham or turkey | \$2

#### COAST BLTA | \$9

Crisp bacon, lettuce, tomato, chipotle-mayo & avocado on toasted sourdough

#### PRESSED CUBAN SANDWICH | \$11

Roast pork, ham, genoa salami, mayonnaise, mustard, swiss & pickles

#### COAST CLUB | \$10

Turkey, ham, smoked bacon, cheddar & mayonnaise on whole wheat

#### TURKEY RANCH WRAP | \$10

Turkey, swiss, bacon, avocado, lettuce, tomato & ranch in spinach wrap

Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of foodborne illness.

 Vegetarian |  Gluten free